

## Sample PBIS Home Matrix

Just like at school, you can also develop your very own home matrix with your child(ren). Below is a sample of one first developed by the Illinois PBIS Network. As we transition to teaching the “Tiger Traits” at school, it is excellent if families are doing the same at home also.

	<b>Getting up in the Morning</b>	<b>Getting to School</b>	<b>Clean-Up Time</b>	<b>Time to Relax</b>	<b>Homework Time</b>	<b>Mealtime</b>	<b>Getting ready for Bed</b>
<b>H</b> <b>Help Out</b>	Make your bed  Clothes in hamper	Have your back pack, lunch, notes, keys	Do your chores	Clean up after yourself  Play quietly	Put your things in your backpack when finished	Set the table and put dishes away	Brush your teeth and put dirty clothes away
<b>O</b> <b>Own Your Behavior</b>	Get up on time  Get cleaned up and dressed on time	Be ready to leave on time	Clean up after yourself	Ask before you borrow  Ask to change stations	Complete your homework on time  Do your best!	Use kind words and “I statements”  Recognize mistakes and apologize	Get to bed on time!
<b>M</b> <b>Manners Count</b>	Try a morning SMILE!  Thank your parents for helping.	“Thanks for the ride.”  “Have a nice day!”	Ask politely for help	Respect others things  Offer to share	Ask for help respectfully  “Thanks for the help.”	Please and thank you  Use your napkin	End the day with nice words and thoughts
<b>E</b>	<b>V</b>	<b>E</b>	<b>R</b>	<b>Y</b>	<b>D</b>	<b>A</b>	<b>Y</b>